



THE AUSTRALIAN NATIONAL UNIVERSITY

National Centre for Epidemiology and Population Health

URBANISATION, TRANSPORT AND HEALTH IN ASIA

WORKSHOP
16-19 FEBRUARY 2003

Old Canberra House
Lennox Crossing
ACTON ACT 2601

Information for Participants

The National Centre for Epidemiology and Population Health, ANU welcomes its visitors to Canberra, Australia's national capital. We welcome your participation at our workshop, *Urbanisation, Transport and Health in Asia*, and we trust you will enjoy your visit to Canberra.

This flyer will provide you with local information, to facilitate your stay. If you have any specific queries while you are in Canberra, please direct them to our Information and Promotions Officer, Ros Hales on 6125 5627, or email to Ros.Hales@anu.edu.au and Ros will be happy to assist you.

Professor Tony McMichael Director	Professor Tord Kjellstrom Co-convenor	Dr Bruce Caldwell Co-convenor
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About Canberra

The name "Canberra" is derived from the Aboriginal word for 'meeting place'. It is strategically located 150 kilometres inland between Australia's two largest cities – Sydney and Melbourne. It is surrounded by its territory (Australian Capital Territory) covering 2359 kilometres of farmland, national parks, spectacular mountain ranges, forests and valleys.

Canberra is home to Australia's federal parliament as well as to a range of national institutions, including The Australian National University. National attractions include the Australian War Memorial, Parliament House, Australian Institute of Sport, National Gallery of Australia and the National Museum of Australia.

Getting Around Canberra

Regular daily air, rail and coach services link Canberra to state capital cities. It is under an hour's flight from Sydney and Melbourne where there are connecting national and international flights. The airport is eight minutes from the city. An express bus service operates between the airport and the city from Monday to Friday. Taxis and hire cars are also available. The taxi fare is approximately \$15. Public transport is reliable, with buses covering all areas regularly.

Where you will be staying

Accommodation has been reserved for you at University House, on the campus of the Australian National University. The workshop will take place at Old Canberra House, which is an easy stroll from University House. There is an electronic banking facility (ATM) in the foyer at University House, which also features a restaurant, a bistro/bar, pleasant gardens and a small supermarket within its confines.

Dining In and Out

Breakfast is included in your accommodation package. Lunches will be provided Monday to Wednesday. There will be a Workshop Dinner one evening. Canberra has a multitude of restaurants to suit all tastes, from great pub food to aromatic Asian and Mediterranean fare.

Other Attractions

The Convenors have arranged a cruise on Lake Burley Griffin. Most of the city's national attractions are situated around the edge of the lake, including Government House, where you will be taken on a one-hour tour of the gardens. Kangaroos are often seen grazing in the grounds of the home of Australia's Governor General. You should have time also to visit any of the many attractions in Canberra, most of which are free of charge.

Weather

Canberra has four distinct seasons – warm to hot summers, crisp blue sky winters, colourful spring times, and mild golden autumns. You will be enjoying summer temperatures in February, with average minimums of 13 and maximums of 28 degrees Celsius.

